

SHUTTLE MENU STS-132

(Stow by Person)

GARRETT REISMAN, MS-1 (BLUE)

Meal	Days 1* , 7 & 12	Days 2, 8 & 13**	Days 3 & 9	Days 4 & 10	Days 5 & 11	Day 6
A	Grits w/ Butter (R) Seasoned Scrambled Eggs (R) Granola Bar (NF) Oatmeal w/ Brown Sugar (R) Citrus Fruit Salad (I) Pineapple Drink (B) Cocoa (B)	Sausage Pattie (R) Granola (R) Mexican Scrambled Eggs (R) Tropical Fruit Salad (I) Orange Drink (B) Kona Coffee w/ Sugar (B)	Cornflakes (R) Scrambled Eggs (R) Breakfast Sausage Links (I) Applesauce (I) Orange-Pineapple Drink (B) Kona Coffee w/ Sugar (B)	Oatmeal w/ Raisins (R) Seasoned Scrambled Eggs (R) Granola Bar (NF) Fruit Cocktail (I) Orange Drink (B) Cocoa (B)	Bran Chex (R) Breakfast Sausage Links (I) Mexican Scrambled Eggs (R) Granola w/ Blueberries (R) Pears (I) Pineapple Drink (B) Kona Coffee w/ Sugar (B)	Cornflakes (R) Scrambled Eggs (R) Sausage Pattie (R) Granola Bar (NF) Tropical Fruit Salad (I) Orange Drink (B) Kona Coffee w/ Sugar (B)
B	Chicken Strips in Salsa (I) Tortilla (FF) x2 Broccoli au Gratin (R) Applesauce (I) Candy Coated Almonds (NF) Peach-Apricot Drink (B)	Tomato Basil Soup (I) Crackers (NF) x2 Beef Ravioli (I) Fruit Cocktail (I) Candy Coated Peanuts (NF) Tropical Punch (B)	Fiesta Chicken (I) Tortilla (FF) x2 Pineapple (I) Trail Mix (IM) Chocolate Pudding Cake (I) Lemon-Lime Drink (B)	Grilled Chicken (I) Southwestern Corn (I) Tortillas (FF) x2 Citrus Fruit Salad (I) Candy Coated Peanuts (NF) Orange-Mango Drink (B)	Vegetarian Vegetable Soup (I) Crackers (NF) x2 Beef Enchiladas (I) Pineapple (I) Trail Mix (IM) Butter Cookies (NF) Lemonade (B)	Tomato Basil Soup (I) Crackers (NF) x2 Chicken w/ Peanut Sauce (I) Cauliflower w/ Cheese (R) Fruit Cocktail (I) Almonds (NF) Tropical Punch (B)
C	Shrimp Cocktail (R) Lasagna w/ Meat (I) Italian Vegetables (R) Cashews (NF) Shortbread Cookies (NF) Lemonade (B)	Beef Fajitas (I) Southwestern Corn (I) Tortilla (FF) x2 Pears (I) Cherry Blueberry Cobbler (I) Tea w/ Lemon & Sugar (B)	Shrimp Cocktail (R) BBQ Beef Brisket (I) Baked Beans (I) Macaroni & Cheese (R) Brownie (NF) Tropical Punch (B)	Shrimp Cocktail (R) Smoked Turkey (I) Rice & Chicken (R) Broccoli au Gratin (R) Cashews (NF) Apricot Cobbler (I) Tropical Punch (B)	BBQ Beef Brisket (I) Pasta w/ Pesto (I) Green Beans w/ Mushrooms (I) Tortillas (FF) x2 Cherry-Blueberry Cobbler (I) Tea w/ Lemon & Sugar (B)	Shrimp Cocktail (R) Beef Fajitas (I) Corn (R) Macaroni & Cheese (R) Tortillas (FF) x2 Brownie (NF) Lemon-Lime Drink (B)

*Day 1 consists of Meal C only

**Day 13 consists of Meals A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized

2/3/2010